

RECOVERY TO PREPARATION

Glenorchy Community Session

It is now six months on from the 2022 October Floods. How has your community been affected, what are the persisting challenges, what will best support recovery?

Come and enjoy a **community dinner** with your neighbors and **join the discussion** with guest speaker David Younger, who will discuss:

- Coping with natural disaster challenges.
- Tips for maintaining health and well-being in the long term.
- The most effective ways to strengthen communities.
- How a community can move from recovery to preparation.

There will be time for Q & A and conversation

When: Thursday 27 April 2023

Where: Glenorchy Hall

Time:

Join us for dinner from 6.30pm to 7.15pm

The session will run from 7.15pm to 8.45pm

Our guest speaker, David Younger, a Melbourne-based clinical psychologist and natural disaster and emergency recovery consultant, will share the learnings he has gained over the past 15 years working with Australian communities impacted by a natural disaster. Recovery priorities for the first & second years, in a context of cascading events, will be discussed

To register your interest and number of attendees, please contact Rachel Whittaker on 03 5358 0512 or community.services@ngshire.vic.gov.au

This event is being delivered by Northern Grampians Shire Council and the Department of Families, Fairness and Housing.

